

TAHSEEN ENRICHMENT PROGRAM

ABA Based Program for children aged 5-12



الصدفة - إكتشف الغير متوقع
Serendipity - Discover the unexpected

ABOUT PULSE CENTER

Pulse Center is Dubai's leading therapy and learning center founded in 2007. Licensed under the DHA and KHDA, Pulse Center integrates therapy and learning to provide the best in class services delivered by healthcare and education experts from across the world.

Under its healthcare services portfolio, Pulse Center is licensed as a rehabilitation center by Dubai Health Authority to offer speech therapy, occupational therapy and psychology services for children and adults. The medical team at Pulse is staffed by multinational professionals offering the best in class rehabilitation services. We strive to create a stimulating environment where our patrons feel safe and secure, where their self-esteem is nurtured and each person can unfold their personality, learn and master challenges. We build on each person's strengths and devise Individual Treatment Plans so that the child can develop their individuality and talents to achieve their full potential.

Under the education and learning portfolio, Pulse Center is licensed as a child skills development center and management training center by the Knowledge and Human Development Authority in Dubai. Pulse Center integrates with schools to offer ABA Therapy and learning support to children of determination. As a child skills development center, Pulse Center is awarded master franchise for Da Vinci Bricks in Dubai – a STEM program (Science, Technology, Engineering, and Mathematics) aimed at developing the engineers of tomorrow. Pulse Center is licensed to offer accredited courses to healthcare and educational professionals.



Serving since
2007



Multinational
Staff



STEM Program



Certified Listening
Therapists



Easy Payment
Plans



Integrated
services



Community
programs



Doctor
interface

WHY CHOOSE TAHSEEN?

Tahseen is an ABA-based program which is designed for children aged 5 to 12 years, with Autism Spectrum Disorders as well as other developmental delays such as learning difficulties, ADHD, or other challenges. The 25 hour per week program is directed and supervised by US Board Certified Behavior Analysts. The classroom is led by highly professional and passionate Registered Behavior Technicians (RBTs) who are supported by a team of DHA licensed multidisciplinary clinicians such as

- **Speech and Language Therapists,**
- **Occupational Therapists,**
- **Psychologists, and**
- **Tomatis Certified Listening Therapists**

In addition, the program also includes the Da Vinci Bricks Program which comprises of fun and engaging activities educating children principles of science, technology, engineering, and mathematics.

The program is designed after careful evaluation and assessment of each child following which Individual Education Plans and Behavior Intervention Plans are created in order to cater for individual needs.



TAHSEEN PROGRAM STRUCTURE

The program also offers ongoing supervision, consultation and parent training by the Program Director and Behavior Analyst.

- **Timings:** 8:00 AM to 1:00 PM
- **Scheduled Days:** 5 days per week (Sunday to Thursday)
- **Speech Therapy:** 2 sessions per week
- **Occupational Therapy:** 2 sessions per week
- **Listening Therapy:** 1 session per week
- **Da Vinci Bricks Program:** 1 session per week
- **Psychology** services will be offered on an as-needed basis

Program Overview

The Tahseen program is developed to cater to individual needs based on clinical assessment.

The main areas for development are:

1. Communication Skills

Communication Skills includes Receptive Language and Expressive Language Skills. Receptive Language or Listener Responding Skills include the ability to understand a language. Children who have difficulties in understanding language may find it challenging to follow instructions in school or at home settings which may lead to behavioral concerns. The program aims to develop a child's skill in the following areas:

- Follow instructions,
- Understand concepts such as size, color, and shape
- Identify items by their functions, features, and class
- Understanding written instructions, gestures, etc.



Expressive Language is using words, gestures, writing or other modes of communication to express and convey messages to others. The program includes requesting skills, labeling skills, answer questions, story-telling, as well as other skills aimed at developing the child's communication.

2. Motor Skills

The Tahseen program focuses on developing fine motor and gross motor skills needed to develop more independence in daily life.

Fine motor skills are essential for performing self-help tasks such as dressing, brushing, grooming etc. and academic skills such as writing, drawing, coloring etc.

Gross Motor Skills are essential to perform everyday functions such as walking, participating in sport activities, play and leisure skills etc. It also includes eye-hand coordination skills to perform routine activities such as throwing a ball, catching, riding a bike etc.

We also provide The Da Vinci Bricks (DVB) educational program, which is a globally renowned, award-winning, study enrichment course from the U.S. It teaches the concepts of science, technology, engineering and math (STEM) in a really fun way. We have developed a unique set of curricula which combine highly effective and creative teaching methods with the level of enjoyment and engagement needed to ensure that children remain focused and enthusiastic while learning.

3. Academic Skills

The Tahseen program aims to enhance school readiness by developing necessary skills that are required to attain new skills. We use ABA based instructional techniques such as Discrete-Trial Teaching, and Pivotal Response Training to teach new skills. The program focuses on various pre-academic skills such as recognizing letters and numbers, reading, basic math skills, and writing skills. In addition to the pre-academic skills, we also focus on enhancing self-regulation and independence which is essential for children to function efficiently in school settings.

4. Activities of Daily Living

Program focuses on teaching self-help and daily living skills to address a wide range of activities needed for independent living. The program includes toilet training, eating, grooming, dressing skills, personal hygiene and age appropriate household chores, cooking, money management etc., which will be planned based on individual needs.

5. Social and Play Skills

Social skills are essential to interact with others and important in making social relations. The program includes responding appropriately to social interactions, initiating social interaction, group skills such as sharing, taking turns, waiting, and conversation skills.

Children, during their early developmental stage often learn through play. However, some children under the spectrum may need additional support to learn how to appropriately engage with toys which may otherwise interfere with their learning process. Our program focuses on developing appropriate play skills such as unstructured/free play, pretend play, interactive play, and structured games. Play skills help in improving problem solving skills, social skills, communication skills, and executive functioning.

The Tahseen program is inclusive of:

- Ongoing Supervision and consultation by Board Certified Behavior Analyst
- Monthly clinic meetings with Program Director and parents to discuss progress.
- Complimentary parent training sessions
- Annual goals (IEP) created for each child
- Progress evaluations and updates every 3 months
- Progress reports every 6 months

Fee Structure:

AED 7500/- per month

T&Cs:

Monthly fee payable at the end/beginning of the month.

Additional therapy sessions outside the Tahseen program will be charged separately.

The Tahseen program calendar months follow normal school schedule of active months (Jan - June and Sept - Dec)

Integration into schools:

Pulse Center collaborates with various schools to enable them to integrate into mainstream schools.

Financial Cover:

Pulse Center offers Mashreq, Emirates NBD and Emirates Islamic cardholders discount plans and easy payment plans to facilitate payments.

Our Professionals:

Anju Varghese
Program Director

Board Certified Behavior Analyst

Hanshini Boolaky
Medical Director
Occupational Therapist

Suha Al Khamayseh
Speech and Language Pathologist

Ira Naeem
Clinical Psychologist

Sarah Lhamri
Speech and Language Pathologist

Zineb Majdi
Head - Da Vinci Bricks (STEM program)

OUR SERVICES

Therapy Services

Psychology | Speech and Language Therapy | Occupational Therapy | ABA Therapy |
Listening Therapy

Professional Training

Teacher Training | Parent Awareness and Training | Registered Behavior Technician (RBT
Training) | Applied Behavior Analysis (ABA) Foundation Training | RBT Mentorship | BCBA,
BCaBA Mentorship | Healthcare Professionals CME

Educational Programs

Da Vinci Bricks (STEM Program for ages 4-12) | School Readiness Program | Learning
Support Assistance

OUR LOCATION

Heading toward Dubai Canal on Jumeirah St. - At Buffalo Wild Wings take the exit toward 7B Street. Take the immediate left at Mawi Medical Center and the first right turn to Al Raddi St.

Nearest Landmarks - Buffalo Wild Wings, Hardees, KFC; Free Car Parking Available



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